



But in vain do they worship me, teaching for doctrines the commandments of men. -

Matthew 15:9

invaindotheyworshipme.com

Do Re Me False So La Ti Dah

Yes, I know that isn't exactly accurate, but there is a reason I wrote the title in that way.

Tonight at our Bible study we discussed Jonathan and David. At the end of the study we were discussing something (can't remember what it was) and someone mentioned that a particular song was James White's favorite song. If you don't already know, James was married to Ellen White and Ellen is the woman the Seventh-day Adventist organization believes was an inspired prophetess.

Someone was trying to remember the song that was mentioned and Elkanah began to sing it. When I heard the words I was struck with how self-oriented it was. It was all about how "I" was going to go to the promised land and all that would be waiting there for "me."

Tomorrow we are having company for lunch. Elkanah's mom, dad, and both sisters come over every 2 weeks for lunch after their meeting. They are from the North and haven't quite got the hang of living in the South yet. When we were planning the lunch yesterday, I suggested that I make a pot of bean soup for lunch. They liked the idea and planned on having a Southern meal of bean soup and cornbread. I didn't correct them. In the South the meal is cornbread and beans, not cornbread and bean soup. With my new eating habits I'm experimenting with cooking. I found a way to cook beans without oil and they are yummy. We'll be having that tomorrow.

It was a busy week for me. I've felt so much better I began toying around with the idea of starting my own business, if you can call it that. Elkanah has agreed

it's a good idea and I've already made a couple contacts about it. This will be a strictly volunteer organization and no money will change hands. So, I've got to figure out a way to get this set up without funding then explore grant money.

And today I discovered that I'm not as well as I was hoping. It was a busy week and today I am paying for it. I am needing my day of rest.

So as I sat here tonight feeling wiped out, I was wondering what I would write about. A couple things are on my mind but they will take time to write and find the texts I need to support my views. I'm needing rest, not work. I opened up Facebook and went to Counted Cross Stitch which is a cross stitch application. I also turned on Hymns and Favorites which is internet radio that plays hymns and religious favorites from the 70's and 80's.

While listening to the music that is being played the memory of that song at the Bible study returned. Now I have a challenge for you. Pay attention to the music that is being passed off as religious. Listen to the lyrics and ask yourself "where is the focus of this song?" I'm finding that much of the music I'm hearing is focused on self rather than God.

Self. Will we ever be able to break this sinful habit? No. By ourselves we don't stand a chance for it is our nature to be interested in what's best for us. We need to get over that and learn to love others and put them first. It's how Jesus lived and he is supposed to be our example. But what is impossible for us is not an impossibility. When we come to know Jesus we will love and admire him. And we will begin to mirror that love and admiration. We will become more interested in the well-being of others than of ourselves. And I believe that is true Christianity.

Love to all and Happy Sabbath,

Hannah